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ABSTRACT

No problem in society is more pressing than drugs, and in no segment of society is the drug menace more deeply felt than among young people. This pamphlet describes various law-related education (LRE) curricula and resources developed to help schools fight drugs. Law-related education is well suited to deal with the drug menace because it does not stress abstract concepts, but but deals, instead, with the world as it is. The curricula described stress the realities of peer pressure and other factors that drive youngsters to drugs, while showing the consequences of drug use and providing means of resisting drugs and the pressures to use them. Title, grade level, a short description of the contents, cost, and ordering information are provided for four guides to curriculum, 13 curriculum guides, two teacher education and training resources, 13 videotapes, and two computer software programs. (Author/JB)

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EDUCATION FOR PREVENTION

SO 020 345

SPECIAL COMMITTEE ON YOUTH EDUCATION FOR CITIZENSHIP ABA

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No problem in our society is more pressing than drugs. And in no segment of society is the drug menace more deeply felt than among young people.

Because of the gravity of the drug problem, the Office of Juvenile Justice and Delinquency Prevention (OJJDP) has funded a major national effort, in which law-related education projects have created curricula and resources to help schools fight drugs. Several of these curricula are highlighted here, and the brief description of materials you are now reading is itself supported by OJJDP funds.

Law-related education is well suited to deal with the drug menace because it does not stress abstract concepts but the world as it is. The LRE curricula—and all the curricula we include here—stress the realities of peer pressure and other factors which drive youngsters to drugs, while showing the consequences of drug use and providing means of resisting drugs and the pressures to use them.

Many other materials and programs exist to combat drugs. For further information about them, or about law-related education and the OJJDP drug education program, contact the ABA's Special Committee on Youth Education for Citizenship, 750 N. Lake Shore Drive, Chicago, IL 60611; telephone: 312-988-5735.

Corinne Levitz, Project Coordinator
Special Committee on Youth
Education for Citizenship

Guides to Curricula

Title: **Drug Prevention Curricula: A Guide to Selection and Implementation**

Grade Level: K-12

Contents: This publication represents the current thinking of experts in the substance abuse prevention field about drug prevention education. It shows what to look for when adopting or adapting ready-made curricula, and suggests important lessons that ought to be part of any prevention-education sequence, including those developed by schools and school systems for their own use. Concerned educators, parents, and citizens can use this guide to select or design, and implement, curricula that are educationally sound. Chapter topics include: what the overall goals of a good K-12 curriculum should be; instructional approaches for different grade levels; ways to reach high-risk populations and children in special education classes; and guidelines for the curriculum selection process, plus information on staff training and the need for administrative leadership. [Developed by the U.S. Department of Education, Office of Educational Research and Improvement.]

Cost: Bulk quantities of up to 25 copies are available free as long as supplies last.

Order From: National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20852; telephone: 301-468-2600.

Title: **Curricula and Programs for Drug and Alcohol Education**

Grade Level: K-12

Contents: This directory of curricula and programs for alcohol and drug abuse prevention contains nearly 200 resources, many of which are in use in the western U.S. The list of resources includes information on the publisher, grade level, cost, and a brief description. It is classified into three sections: (1) instructional materials to be used in the classroom; (2) programs which have a broader focus outside the classroom; and (3) resources which are useful supplements to curricula and programs. The first part of the directory is a brief guide to evaluating drug and alcohol curricula. A revised edition will be available in May, 1989.

Cost: One free copy to residents of Alaska, California, Hawaii, Idaho, Washington, Nevada, Montana, Oregon, Wyoming, and the Pacific islands. The cost to other states is not yet determined. This directory may be duplicated for distribution.

Order From: Western Center for Drug-Free Schools and Communities, Northwest Regional Educational Laboratory, 101 S.W. Main Street, Suite 500, Portland, OR 97204; telephone: 1-800-547-6339, extension 480; in Oregon, telephone: 503-275-9480.

Title: **A Guide to School-Based Drug and Alcohol Abuse Prevention Curricula**

Grade Level: Elementary; middle; high school; also comprehensive K-12 programs.

Contents: This user-friendly guide for consumers of school curricula is unique in that it not only reviews and rates the content of approximately 31 curricula, but also reviews and rates research written about their effectiveness. The curricular materials are rated on a number of different criteria, including the quality of their skill-building (e.g., skills in decision-making, problem-solving, coping with stress in both drug and general life situations); their factualness; their currentness; and their cultural sensitivity. The research on the effectiveness of the curricula also is rated on a number of different criteria including indication of change in student knowledge, attitudes, and behavior. This guide gives basic information on the curricula, including a description and review of the content, and the cost. The entries in this guide were compiled from a national search for field-tested curricula.

Cost: $19.50, plus approximately $1.50 for shipping and handling. (This guide will be ready for distribution by June, 1989).

Order From: Linda Salser, Distribution Center Coordinator, Health Promotion Resource Center, Stanford Center for Research in Disease Prevention, 1000 Welch Road, Palo Alto, CA 94304-1885; telephone: 415-723-1000.

Title: **Schools and Drugs: A Guide to Drug and Alcohol Abuse Prevention Curricula and Programs**
Grade Level: K-12
Contents: This publication reviews 25 prevention programs and curricula, and highlights several multi-element projects and resources. Its purpose is to help educators and other interested individuals select and implement effective drug and alcohol abuse prevention curricula and programs. The listings were reviewed and evaluated by an outside consultant. The publication is divided into sections on curricula, programs, multi-element projects, and resources. Also included is an assessment tool which teachers and school districts can use for assessing and selecting curricula.
Cost: Free
Order From: Crime Prevention Center, California Attorney General's Office, P.O. Box 944255, Sacramento, CA 94244-2550; telephone: 916-324-7863.

Curricula

Title: **Drug and Alcohol Awareness Day K-12 Workshop Manual**
Grade Level: K-12
Contents: This 160-page manual is a practical guidebook for a one-day school program that provides a step-by-step approach to youth awareness about drugs and alcohol.
Cost: $31.
Order From: Alcohol Council of Nebraska (ACN), 412 Lincoln Center Building, 215 Centennial Mall South, Lincoln, NB 68508; telephone: 402-474-0930.

Title: **Here's Looking at You, 2000**
Grade Level: K-12
Contents: Drug education program which goes beyond simply teaching kids to "say no" to drugs to teaching them *how* to do so. The core of the program is its "refusal skills" technique, the goals of which are to allow kids to have fun, to keep their real friends and to stay out of trouble. In addition to teacher guides, the comprehensive K-12 curriculum includes workshops, videotapes, games, books, puppets and software. The curriculum seeks to involve parents and incorporates cooperative team learning.
Cost: The entire K-12 curriculum sells for $7,250. Prices for individual grades range from $525 to $1,395.
Order From: Comprehensive Health Education Foundation, 22323 Pacific Highway South, Seattle, WA 98198; telephone: 206-824-2907.

Title: **Project Charlie**
Grade Level: K-6
Contents: Project Charlie (Chemical Abuse Resolution Lies in Education) is a K-6 curriculum which focuses on promoting the social and emotional growth of children. The goals are (1) to build self-esteem in chidren and provide them with better skills for living; (2) to teach children how to say no to drugs, how to build healthy relationships, and how to make good decisions; (3) to assist teachers and school administrators in promoting an atmosphere of mutual respect and acceptance; and (4) to provide learning opportunities for parents focusing on building self-esteem at home. The curriculum includes lesson plans, worksheets, games, and directions for making teaching aids. Teachers interested in implementing the program attend special training workshops.
Cost: The training program is held three times a year in Minneapolis, Minnesota, at a cost of $525 per person. This cost includes 5-day training session, the curriculum materials, and some meals. Trainees are taught how to train other teachers in using this curriculum. On-site training in one's own community, for a maximum of 45 teachers, is also available ranging from a total cost of $2000 to $3500 (plus expenses for two trainers) depending upon whether the training is 1, 1½, or 2 days in length. This curriculum is *not* for sale separately from the training.
Order From: Project Charlie, 5701 Normandale Road, Edina, MN 55424; telephone: 612-925-9706.

Title: **Preventing Drug Abuse: An Activity Pack**
Grade Level: 5-8
Contents: Designed to encourage students to exchange feelings and information about drug abuse, this learning packet centers around a cassette which contains 12 dramatizations illustrating some of the crises which often result from drug abuse. After listening to the dramatic episodes (which are keyed to specific substances), students are prompted to discuss their reactions by questions provided on a reproducible worksheet. Among the topics covered are the symptoms of drug abuse, dangers of chronic addiction, steps to prevention, and ways of seeking and finding help.
Cost: Cassette, 40 spirit masters, and guide: $34.00 [Catalog #: JWW 715].
Order From: Produced by J. Weston Walch. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Legal Education for Youth Program: Substance Abuse and the Law**
Grade Level: 6
Contents: The sixth grade lesson of this K-12 curriculum specifically addresses the topic of "Substance Abuse and the Law." Portions of the materials refer to California law; however, they can be adapted to other states. The accompanying teacher's manual includes exercises and hypotheticals, as well as a decision-making model. In

addition to the teacher's manual, there is a student lawbook and a volunteer handbook which contains one lesson that a trained volunteer can teach as part of a classroom program.

Cost: $85.00 plus $5.00 shipping for 35 student lawbooks (workbooks), one teacher's manual, one volunteer handbook, and one play involving peer pressure and substance abuse (includes 12 scripts).

Order From: Legal Education for Youth Program, Orange County Bar Foundation, 1850 E. 17th Street, Suite 217, Santa Ana, CA 92701; telephone: 714-542-3943.

Title: **Drugs in the Schools**

Grade Level: Middle School

Contents: Eight lessons, with teacher's guide, on confronting drugs within a middle school. The lessons are part of the drug education initiative of the Office of Juvenile Justice and Delinquency Prevention.

Cost: To be determined [available summer, 1989].

Order From: Louis Rosen, Center for Civic Education, 5146 Douglas Fir Road, Calabasas, CA 91302; telephone: 818-340-9320.

Title: **Can I Handle Drugs? A Self-Assessment Guide for Youth**

Grade Level: 7-12

Contents: Addressed directly to adolescents, this guide helps young people assess how using chemicals can harm (or is already harming) them in specific, significant areas of their life. Fourteen brief sections focus on such topics as feelings, behavior, school, work, friends, family, self-concept, growing up, recreation, spirituality, and wellness. A good catalyst for discussion, this 28-page workbook can be used with individuals or groups.

Cost: 1-4 copies: $4.95 each; 5 copies and over: $4.45 each [Catalog #: JN 102].

Order From: Produced by Johnson Institute. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Self-Discovery: Developing Skills**

Grade Level: 7-12

Contents: Strategies designed to help teenagers meet their personal needs and gain self-acceptance without resorting to unhealthy or potentially destructive habits. Containing many photographs, illustrations, charts, activities, questionnaires, and real-life accounts, this 159-page book provides a series of self-directed experiences to enable students to appreciate themselves, set goals, manage stress, build relationships, make decisions, and help themselves to change and grow.

Cost: Student edition [Catalog #: LL 102]: $12.95; teacher's guide [Catalog #: LL 103]: $17.95 (free teacher's guide with order of 20 or more student editions).

Order From: Produced by Management Sciences for Health. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Alcohol and Other Drugs: Self-Discovery**

Grade Level: 7-12

Contents: Basic facts about alcohol, tobacco, marijuana, and other drugs, and strategies to avoid abusing them. Students learn to distinguish between responsible and irresponsible drinking, to resist peer pressure and advertising, and to feel good without drugs. Designed to be used alone or as an accompanying module for *Self-Discovery*, this engaging 59-page workbook helps students form their own rules and values while considering the effects their choices have on others.

Cost: Student edition [Catalog #: LL 104]: $8.95; teacher's guide [Catalog #: LL 105]: $9.95 (free teacher's guide with order of 20 or more student editions).

Order From: Produced by Management Sciences for Health. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Coping with Substance Abuse**

Grade Level: 7 and up

Contents: How do alcoholics and drug addicts behave? What is it like to have a parent, brother, or sister who abuses drugs or alcohol? What does chemical abuse do to a friendship between two people when one of them begins to abuse drugs? This 145-page book answers these and other questions, relating case histories which offer insight into how chemical abuse affects friendships and families. Throughout, the book defines co-dependency, shows how adjusting to a drug-dependent person perpetuates the problem, and indicates how to recognize and help a substance abuser.

Cost: Hardback [Catalog #: RRP 194]: $12.95.

Order From: Produced by Rosen. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Innerchoice: An Expanded Version of Innerchange with a Drug/Alcohol Abuse and Smoking Prevention Program**

Grade Level: Junior and senior high school versions

Contents: Built around small-group discussions and supporting activities, the lessons in these comprehensive kits guide students in the assessment of their goals, beliefs, values, feelings, and thoughts. Covering over 40 topic areas, this amplified version of the *Innerchange* program includes a new segment comprised of three instructional units focusing directly on substance abuse prevention. The kits also include a reproducible book of "experience sheets" (textual materials for students) which are to be done individually, and an 11" x 17" chart listing information about various drugs. Activities and topics are interdisciplinary and can be related to

major subjects in the curriculum. The reading level is appropriate for less-skilled students. It is packaged in a display box with a 112-page leader's manual and an additional 47-page instructor's guide keyed specifically to a substance abuse prevention segment. The numerous instructional units cover such topics as communication, values, risk-taking, decision-making, problem-solving, conflict management, the realities of drugs, responsibility, and justice.

Cost: Complete junior high level kit [Catalog #: HDT 100]: $245.00; complete senior high level kit [Catalog #: HDT 101]: $245.00.

Order From: Produced by Palomares. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **The Drug Problem, the Constitution, and Public Policy**

Grade Level: Middle and secondary

Contents: Five lessons of varying difficulty, with the simplest usable at either the middle or secondary level, and the most difficult at the secondary level. The lessons include both student materials and a teacher's guide. These lessons are part of the drug education initiative of the Office of Juvenile Justice and Delinquency Prevention.

Cost: To be determined [Available Fall, 1989].

Order From: Carolyn Pereira, Constitutional Rights Foundation, 407 S. Dearborn, Suite 1700, Chicago, IL 60605; telephone: 312-663-9057.

Title: **A Resource Guide to Assist Law Students for Participation in a High School Law-Related Education Drug-Alcohol Education Program.**

Grade Level: High school

Contents: Six lessons are featured in this 198-page book, which is part of the drug education effort of the Office of Juvenile Justice and Delinquency Prevention. Though the lessons are intended to be taught by law students coming into the classroom to assist teachers, they are very easily adaptable to being taught by teachers alone. Lessons include both student materials and law student/teacher resources.

Cost: $10, with discounts available for bulk orders.

Order From: Brian Swerine, Phi Alpha Delta Public Service Center, 7315 Wisconsin Avenue, Suite 325E, Bethesda, MD 20814; telephone: 301-961-8985.

Teacher Education and Training Resources

Title: **What Works: Schools Without Drugs**

Grade Level: Adults (parents, teachers, principals, and community leaders) and students

Contents: This handbook provides a practical synthesis of the most reliable and significant findings available on drug use by school-age youth. It tells how extensive drug use is and how dangerous it is. It lists resources and organizations that parents, students, and educators can turn to for help. It tells how drug use starts, how it progresses, and how it can be identified. Most important, it tells how drug use can be stopped. It recommends strategies—and describes particular communities—that have succeeded in beating drugs. This book is designed for those who want to prevent drug abuse. Its premise is that parents and teachers need to educate themselves about the dangers of drugs so that they can then, more effectively, teach their children. It espouses that children must be taught that drug use is morally wrong and harmful to society.

Cost: Free.

Order From: U.S. Department of Education. Call toll-free number: 1-800-624-0100; in the Washington, DC metropolitan area, call 202-732-3627. Or send your name and address to Schools Without Drugs, Pueblo, CO 81009.

Title: **Drugs, Kids, and Schools: Practical Strategies for Educators and Other Concerned Adults**

Grade Level: Adults (parents and teachers)

Contents: This 210-page resource book analyzes the causes of drug abuse among junior and senior high school students and offers specific approaches on how to deal with it. Discussions of the social roots of drug abuse, interviews with students who candidly discuss why they use drugs, and information on the substances themselves provide thorough background information for teachers and parents. The main focus, however, is on approaches to understanding and communicating with students and presenting activities for values clarification, decision-making, assertiveness training, peer-counseling, and improving self-concept. Includes extensive references to further reading, films, and materials for students.

Cost: 1-4 copies: $10.95 each; 5 copies and over: $9.85 each [Catalog #: GDY 108].

Order From: Produced by Good Year/Scott, Foresman. May be ordered through Health Education Services (see sidebar on last page for address).

Videotapes

Title: **The Drug Avengers**

Grade Level: 1-6

Description: The year is 2050 and the planet Earth has a terrible drug problem. Earth's leaders organize a group of students to go back to the 20th century to teach children about the dangers of drug abuse. Each episode has its own message and can be used as a self-contained unit. These shows urge caution about ingesting unfamiliar substances: encourage students to trust their instincts when they think something is wrong; show that drugs make things worse, not better; explain that offering or accepting an offer of drugs is not the right way to become someone's friend; and demonstrate that there are ways to refuse drugs without losing friends. An extensive teacher's guide is available as well as a guide

for parents. [Close-captioned for the hearing impaired; 1/2" VHS.]

Length: Ten five-minute animated adventures—four for grades 1-3, five for grades 4-6 and a pilot episode introducing the characters.

Cost: *To Purchase:* $34.95 plus $2.00 shipping for video package (includes video cassette, teacher's guide, and one poster).

Order From: *To Purchase:* Drug Avengers, 1970 Chain Bridge Road, McLean, VA 22109-0670; telephone: 1-800-358-5858.
To Borrow: Modern Talking Pictures (see sidebar on last page for address). Borrowing may involve some shipping cost. Videotape may be copied by borrower. [Catalog #: 24167V.]

Title: **Fast Forward Future**

Grade Level: 4-6

Description: This is an interactive drug abuse prevention video program for elementary schools, featuring the actor Richard Kiley. This adventure/fantasy involves three elementary students who discover the Fast Forward Future machine which allows them to peer into the future and see what will happen if they use drugs and what will happen if they remain drug-free. The three scenarios illustrate the children learning refusal skills, decision-making skills, and how to deal with family members who have alcohol or drug addiction problems. This videotape deals with sensitive drug-related issues, such as the special needs and stresses facing children of alcoholics and other high-risk youth. A teacher's guide includes topics, learning objectives, and classroom activities based on the videotape. [1/2" VHS.]

Length: Three 15-minute episodes.

Cost: *To Purchase:* $95.00 plus $5.00 shipping and handling (includes teacher's guide).

Order From: *To Purchase:* Weston Woods Institute, Weston, CT 06883; telephone: 1-800-243-5020 (outside of CT); 203-226-3355 (collect in CT).
To Borrow: Modern Talking Pictures (see sidebar on last page for address). [Catalog #: 24161V.]

Title: **Straight Up**

Grade Level: 4-6

Description: Actors Lou Gossett, Jr., and Chad Allen appear in this pre-teen drug awareness story about a boy named Ben who faces peer pressure to use alcohol and drugs. Ben experiences a number of adventures during his struggle to resist drugs. Through his journeys, he gains knowledge, self-esteem, and the ability to see through illusion. [1/2" VHS.]

Length: Six 15-minute adventures.

Cost: *To Purchase:* $19.95 plus $2.50 for shipping and handling, and $3.50 for the 48-page teacher's guide. (Total cost: $25.95).

Order From: *To Purchase:* KCET Video, Room C32, 4401 Sunset Boulevard, Los Angeles, CA 90027; telephone: 1-800-228-5238.
To Borrow: Modern Talking Pictures (see sidebar on last page for address). [Catalog #: 24158V.]

Title: **Dare to Live (Atrevete a Vivir)**

Grade Level: 5-8

Description: This video against drug abuse portrays a realistic view of a kid's fight against peer pressure. It promotes a message to children that they are capable of making their own choices. It is in English with Spanish subtitles, and uses rap music throughout the video. [1/2" VHS.]

Length: 26 minutes

Cost: *To Purchase:* $100.00 (includes shipping and handling). (No teacher's guide available).
To Preview: $30.00 (applies toward purchase price). May be kept for 10 days.

Order From: Bi Lingual Cine-Television, 2601 Mission Street, #703, San Francisco, CA 94110; telephone: 415-647-8010.

Title: **Lookin' Good**

Grade Level: 7-9

Description: The purpose of this videotape is to discourage student drug and alcohol use, while encouraging peer support among students for being drug-free. In keeping with this goal, teachers may wish to use cooperative learning techniques to study the videos. Activities offered in the teacher's guide include brainstorming, small and large group discussions, and writing assignments. Active student participation is emphasized throughout the suggested activities. This series is based on actual incidents involving drug and alcohol use. The two programs spotlight refusal skills and show how a handful of concerned students—with the help of their school and community—build a peer support group to resist peer pressure to use drugs. Although the two dramas underscore the importance of prevention, they also recognize that some students have already been exposed to drugs and may need help. [1/2" VHS.]

Length: Two 29-minute dramas.

Cost: *To Purchase:* $200.00 (includes shipping costs, and 2 free teacher guides).
To Rent/Preview: $50.00 (applies toward purchase price). May be kept for 2-3 weeks.

Order From: *To Purchase:* Phil Lucas Productions, P.O. Box 1218, Issaquah, WA 98027; telephone: 206-392-9482.
To Borrow: Modern Talking Pictures (see sidebar on last page for address). [Catalog #: 24129V].

Title: **Straight at Ya**

Grade Level: 7-9

Description: Kirk Cameron, teen favorite from ABC's "Growing Pains," is featured in this video set in a junior high classroom. Cameron replaces the class monitor, who has been assigned to show a drug prevention film to a class when a teacher is unexpectedly absent. Discarding the out-of-date film, Cameron engages students in discussions

that cover such topics as peer pressure, mustering the resolve to say no, and choosing a positive and healthy life style. Classroom scenes are supplemented by animation and flashbacks that give the students an opportunity to learn how they can more effectively deal with real-life situations. [1/2" VHS.]

Length: 44-minute, three-part comedy.

Cost: Videotape is not yet available. It will be sold for approximately $15.00, plus 75¢ for the teacher's guide. Teacher's guide also is available separately.

Order From: *To Purchase:* Scott Newman Center, 6255 Sunset Boulevard, Suite 1906, Los Angeles, CA 90028; telephone: 213-469-2029.
To Borrow: Modern Talking Pictures (see sidebar on last page for address). [Catalog #: 24128V].

Title: **Private Victories**

Grade Level: 10-12

Description: These programs emphasize that young people can achieve private victories by caring enough about themselves to reject drugs. Students learn that deciding against drugs can influence friends to do the same. The stories focus on a group of high school students who experience first-hand the devastating effects that drug use can have on academic performance, health, and family relationships. [1/2" VHS.]

Length: Four 29-minute dramas.

Cost: *To Purchase:* $29.00 plus $5.00 for shipping and handling (includes three teacher guides).

Order From: *To Purchase:* Producers International Corp., 3921 N. Meridian Street, Indianapolis, IN 46208; telephone: 317-924-5163.
To Borrow: Modern Talking Picture (see sidebar on last page for address). [Catalog #: 24130V].

Title: **The Addictive Personality: Who Uses Drugs and Why?**

Grade Level: 7-12

Description: This filmstrip introduces the problem of physical and psychological dependency in a two-part program which discusses how any normal activity such as eating, sleeping, or drinking can develop into an addictive habit. Also examined are the effects of addiction on emotional growth, the influence of family and friends on addiction, and techniques for combatting destructive dependency. A teacher's guide contains objectives, discussion questions, and suggested activities.

Length: Approximately 30 minutes.

Cost: $119.00 for 2 color filmstrips, 2 cassettes, and guide; $139.00 for filmstrips on VHS video, and guide. [Catalog #: HRM 707V]

Order From: Produced by Human Relations Media. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **The Danger Zone: Substance Abuse**

Grade Level: 7-12

Description: A series of short, nonpreachy monologs dramatizing the dangerous consequences of drug abuse. In three segments, teenagers describe why they started using drugs, the price they paid, and their eventual road to recovery. As they matter-of-factly tell their stories, on-screen labels identify the behaviors being described: loss of control, alienation, mixed messages, increased dependency denial, loss of family trust, and many more. Contemporary in tone, the program could be very helpful as a nonthreatening starting point for class discussion.

Length: Approximately 20 minutes.

Cost: VHS videocassette: $89.00. [Catalog #: MER 100V]

Order From: May be ordered through Health Education Services (see sidebar on last page for address).

Title: **How Can I Tell if I'm Hooked?**

Grade Level: 7-12

Description: Introducing a working definition of addiction, this program shows how to identify the difference between use and abuse of drugs and alcohol. Common danger signals – such as loss of control regarding use, continued use despite negative consequences, and denial of a problem – are shown to apply as well to overeating, cigarette smoking, workaholism, or risk taking. The program also discusses the factors most likely to initiate a drug dependency and asks a series of questions serving as a decisive test of addiction.

Length: 26 minutes.

Cost: $125.00 for 2 color filmstrips, 2 cassettes, and guide [Catalog #: SUN 330C]; $139.00 for filmstrips on VHS video, and guide [Catalog #: SUN 330V].

Order From: Produced by Sunburst. May be ordered through Health Education Services (see sidebar on last page for address).

Title: **Turning Off: Drugs and Peer Pressure**

Grade Level: 7-12

Description: Using real-life dramatizations to illustrate its points, this two-part program specifies how peer pressure causes drug abuse, and suggests simple techniques teenagers can use to cope with this complex problem. Part 1, "Everybody's Doing It," explores the varieties of peer pressure, whether tacit or out in the open, and pressure originating within oneself from a misconception of what it takes to "belong." Part 2, "Standing Up for Yourself," consists of a minicourse in assertiveness training with role-playing suggestions so that the class may practice the techniques being discussed. A teacher's guide contains discussion questions and activities, scripts, and a bibliography.

Length: Approximately 30 minutes.

Cost: $125.00 for 2 color filmstrips, 2 cassettes, and guide [Catalog #: SUN 164]; $139.00 for filmstrips on VHS video, and guide [Catalog #: SUN 164V].

Order From: Produced by Pleasantville Media. May be ordered through Health Education Services (see sidebar on this page for address).

Title: **Teen Substance Abusers: A Unit of Study**
Grade Level: 7-12
Description: Four rehabilitated adolescents and their family members relate their experiences with substance abuse in this four-part program. Interviews reveal how they began using alcohol or drugs, why they continued using and abusing them, and how they ultimately chose to quit to regain control of their lives. The accompanying teacher's guide provides lesson plans, student activities, and scripts on alcohol abuse, marijuana abuse, multiple drug abuse, and cocaine abuse. "Pointers for Parents/Tips for Teens," a parent reference booklet, is included with the program.
Length: Approximately one hour.
Cost: $145.00 for 4 color filmstrips, 4 cassettes, duplicating masters, and guide [Catalog #: FH 212].
Order From: Produced by United Learning. May be ordered through Health Education Services (see sidebar on this page for address).

Title: **It Only Takes Once**
Grade Level: 10-12
Description: This videotape, produced by the Knoxville, Tennessee, Barristers, promotes a "Don't Get High and Drive" message to teenagers. It features young people telling their stories about the consequences they have suffered from driving under the influence of drugs or alcohol. With its popular-music backdrop, this engaging videotape can be effectively combined with a multidisciplinary team of volunteer speakers (lawyers, law enforcement personnel, and probation officers) who can discuss the law-related consequences of driving under the influence of alcohol or controlled substances.
Length: Approximately 20 minutes.
Cost: Approximately $20.
Order From: Knoxville Bar Association, P.O. Box 2027, Knoxville, TN 37901; telephone: 615-522-7501.

Computer Software

Title: **Drug Series**
Systems: Apple
Grade Level: 4 and up
Activity: These computer programs combine to offer a comprehensive drug awareness unit. The first program offers a series of tutorials introducing basic information on drugs, drug abuse, and peer pressure. The second program provides role-playing scenarios which give students experience handling drug-related peer pressure. Both programs focus on the importance of saying "no" to drugs. Illustrated with graphics.
Cost: $104.50 for complete set: 2 Apple diskettes and guides [Catalog #: MF 138A]. Separate programs are available for $55.00 each – "Drugs: Their Effect on You" [Catalog # MF 139A]; and "Drugs: Who's in Control" [Catalog # MF 140A].
Order From: Produced by Marshware. May be ordered through Health Education Services (see sidebar on this page for address).

Title: **Substance Abuse Education**
Systems: Apple II; IBM-PC Compatible
Grade Level: 7-12
Activity: This series is designed to augment strategies for primary prevention of substance abuse. It contains up-to-date information on drugs, their effects, reasons for abstaining, and alternatives to substance abuse. These computer drug abuse prevention programs include facts, tests and games that can be played with two people or one person against the computer.
Cost: $39.95 for each of seven disks. [Catalog #s SAE-1: Alcohol: Drinking and Not Drinking; SAE-2: Marijuana: Keep Off the Grass; SAE-3: Introduction to Psychoactive Drugs; SAE-4: Six Classes of Psychoactive Drugs; SAE-5: Support Group Data Base; SAE-6: Tobacco; and SAE-7: Cocaine.]
Order From: Substance Abuse Education, 670 S. 4th Street, P.O. Box 13738, Edwardsville, KS 66113; telephone: 913-441-1868.

Additional Classroom Resources and Information

Title: **Drug Video Program**
Grade Level: Elementary, junior high, and high school
Description: Videos on drug prevention, with teacher guides and some parent and community guides available.
Cost: School districts receive a copy of all of the videotapes direct from the individual producers without charge. Tapes also are available on loan from state educational agencies, ED Regional Centers for Drug-Free Schools and Communities, and the National Clearinghouse for Alcohol and Drug Information.
Order From: Office of Public Affairs, U.S. Department of Education, 400 Maryland Avenue, S.W., Washington, DC 20202; telephone: 202-732-4637. Contacts: Louie E. Mathis, Director; Jim Bradshaw, Assistant to the Director.

Ordering Information

Those interested in ordering materials through Health Education Services (a division of Social Studies School Service) can contact them at 10200 Jefferson Boulevard, P.O. Box 802, Culver City, CA 90232-0802; telephone: 800-421-4246; or in California, call collect at 213-839-2436. Those interested in borrowing videotapes through Modern Talking Pictures can contact them at 5000 Park Street North, St. Petersburg, FL 33709; telephone: 813-541-5763. Borrowing may involve some shipping cost.